

COUNSELING AND WELLNESS RESOURCES

Global Mentality

Focuses on spreading mental health awareness in the community while also providing resources to those in need

<https://www.facebook.com/globalmentality/>

Quanda Jessie

Grief Recovery Method Specialist

- 706-434-9600

- Movingfromgrief@gmail.com

Therapy for Black Girls

Website that will refer you to therapists based on location- just enter your address!

<https://therapyforblackgirls.com>

NAMI

Mental health support, education and advocacy.

<https://namiga.org/about-nami-georgia/>

Naomi Williams

Certified yoga instructor and grief support coach

- Certified Health Education Specialist

<https://www.naomidwilliams.com>

Onnie Poe

Empowering Women through Self-Love

- ladyoconfessions@gmail.com

<https://www.confessionsofalady.com/>

Tracy Life Wellness, Therapeutic Coaching and Consulting

Therapeutic coaching – the expertise of a mental health professional, with the dedication of a life coach

<https://www.tracylifewellness.com>

Dr. Radisha Brown

CEO | Holistic Living with Dr. Radisha

- 833-825-5285

- Info@drradisha.com

www.drradisha.com

Natalie Bryan

Providing Education and Advocacy to Rebuild Lives.

<http://wearepearl.org/>

Tasha Pritchett at Southern Oaks Counseling, LLC

Tasha Pritchett, LCSW, CBIS, CMHP

- 706-312-6761

- Southernoakscs706@gmail.com

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COMPREHENSIVE LIST

